

Top 10 Things To Do at UBC

1. Pacific Spirit Regional Park (PSRP)

Did you know that UBC is surrounded by the beautiful Pacific Spirit Regional Park? PSRP is an ecological paradise with towering trees, fresh forest aroma, and hundreds of plants and animals. Whether you want to take a stroll, go for a run, or take in an Oceanside cliff-edge view, PSRP will offer an unforgettable West-Coast experience!



2. Beaches

As part of PSRP, UBC is also home to beautiful beaches. Enjoy the trails leading down to all beaches located in lush-green forests, and take in the stunning sunset! Wreck Beach is a popular clothing-optional beach, home to the famous polar bear swims in the winter.



3. UBC Botanical Garden & Centre for Plant Research



Up for an exciting and adventurous way to interact with the forest? Visit the UBC Botanical Garden for a full day of flora and fauna fun! Take the 308m-long, suspended Canopy Walkway to enjoy a thrilling view.

4. Nitobe Memorial Garden and Rose Garden



Take a quick stroll in between your classes to the Rose Garden to enjoy beautiful flora, as well as a breathtaking view of the ocean and the mountain ranges!

The Nitobe Memorial Garden a traditional Japanese Tea and Stroll garden, ranked as one of top five

Japanese Gardens outside of Japan. Enjoy cherry blossoms in the spring, irises in the summer, and maples in autumn. The reflecting pond, streams, stone lanterns and the teahouse will all contribute to a unique experience!



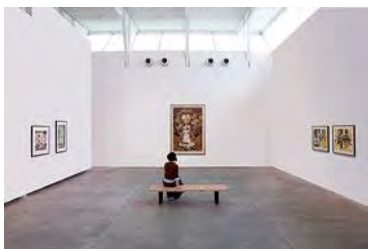
5. Museum of Anthropology, Beaty Biodiversity Museum, and Pacific Museum of the Earth



Visit the Museum of Anthropology (MoA), the Beaty Biodiversity Museum, and the Pacific Museum of the Earth to see world-renowned collections and exhibitions.



6. Free Art Galleries and Music Events



Need a break from your studies? Visit the Belkin Art Gallery for exhibitions all throughout the year, as well as the student gallery located in the SUB. Also, check out the UBC Music website for upcoming recitals and performances throughout the year. The best part? It's all free for students!



7. UBC REC Events – Day of the Longboat & Storm the Wall



Love of team competitions? Take part in the famous Day of the Longboat and Storm the Wall offered by UBC REC. Not only are these events a great way to raise team spirit, they will truly be a memorable UBC experience!



8. Entertainment in the SUB! (Norm Theatre, the Gallery Lounge & the Pit Pub)



Kick back and enjoy a movie theatre experience at a discount! The Norm Theatre, run by the UBC Film Society, shows different movies every week throughout the school year. Afterwards, go to the Gallery Lounge for open mic events, trivia nights, or check out the Pit Pub for some live music and dancing!



9. Catch a Thunderbirds game



What better way to immerse yourself in school spirit than at a UBC Thunderbirds game? UBC T-bird teams are ranked number one in many varsity intercollegiate sports across Canada – go catch the live action on campus!

10. The International House (iHouse) and Global Lounge



Visit the iHouse for any questions or concerns you may face as an international student, as well as for info seminars and social events throughout the year. The Global Lounge and Resource Centre is also a great place to be for interesting talks, workshops, as well as a quiet study space with free coffee and tea!

